

Endoscopy

After the procedure:

- Very rarely, you may experience a mild sore throat lasting one or two days. You can use lozenges for relief.
- Do not eat or drink for one hour after the test.
- Do not drive 24 hours after the procedure.
- Limit yourself to non-strenuous activity as you may experience a prolonged effect from the sedative medication.
- Notify your physician if any of the following occur: prolonged abdominal pain, rectal bleeding, abdominal distension, black bowel movement, and vomiting.
- Do not return to work the day of the test.

Directions



Address:

120 E 86 Street (between Park Ave. and Lexington Ave.)
New York, NY 10028
Tel: (212)427-2000

Subway:

Take the **4**, **5** or **6** to 86 St. station on Lexington Avenue. Walk west 1/2 block.

Buses:

- Take the Cross-town 86 bus to Park Avenue. Walk 1/2 block east to the office.
- There are several buses traveling up/downtown. You can take 1, 2, 3, 4, 98, 101, 102 or 103 to 86 St. From there either walk or take the Cross-town 86 to Park Avenue. Walk 1/2 block east to the office.

Driving:

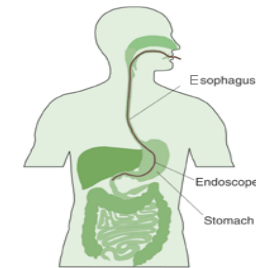
We are located on the south side of 86 Street between Park Avenue and Lexington Avenue. There is a parking garage next door and many others within a 3-4 block radius of the office. There is plenty of street parking.

The office is on the south side of the street above Gristedes/across from Duane Reade.



What is an Endoscopy?

An endoscopy is a test that looks inside the upper intestinal tract including the esophagus, stomach, and small bowel. The endoscope is a long flexible tube that transmits a picture to a television.



Appointment Date/Time:

David H. Berman, M.D.
&
Charles S. Saha, M.D.

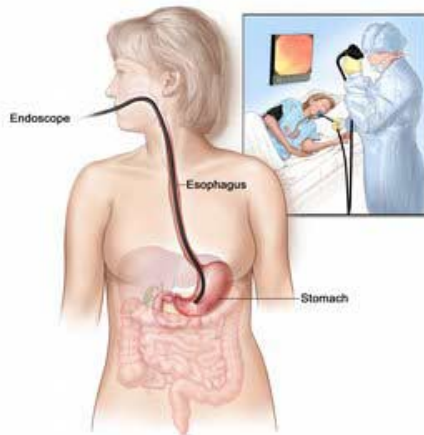
Are there any possible complications?

EGD is safe and is associated with a very low risk. Complications can occur but are rare.

Possible complications include:

- Hemorrhage (bleeding)
- Perforation (tearing)
- Infection, or an adverse reaction to one of the medications used to sedate you.

You must tell us of allergies or peculiar reactions you have had to medicines particularly to tranquilizers and pain killers. It should be emphasized that complications are extremely rare.



General Instructions:

- Do not drink or eat anything after midnight the night before the procedure.
- Because of the use of sedation, it is necessary that you plan to have someone escort you home. We also recommend that you don't drive for 24 hours after the procedure.
- Please arrive promptly for your appointment. Late arrival may alter the time or even necessitate cancellation of your procedure.

Special Instructions for

Endoscopy:

- Blood pressure medications-please discuss instructions concerning your medication(s) with us.
- Stop aspirin, iron supplements and anti-inflammatory medication (Advil, Motrin, Ibuprofen, etc.) 1 week prior to procedure. You may use Tylenol if needed.
- Coumadin-Please notify us for special instructions regarding Coumadin or any other anti-clotting agent.
- Diabetics-The office will discuss with you special instructions you should follow regarding the use of your medication(s).
- Please notify us if you are allergic to any medications, shellfish or eggs.